

Making music can be very relaxing – but it is also demanding, especially when performing at a high level. If you want to play comfortably and relaxed, and if you want to prevent long and short term physical problems, it is essential that you use an ergonomically adapted instrument. The PRIMA Thumb Rest and other Kooiman products help you to easily realize this adaptation.

Position

The location of the flute's keywork, slightly off-center on top of the instrument, causes flutes to roll over toward the player, especially when going from one octave to the other. This causes tension in fingers and hands (and, consequently, in arms and shoulders), which may result in symptoms.

The Kooiman PRIMA Thumb Rest makes it much easier to balance the flute. Fingers and hand can be relaxed, inciting a correct position of the fingers. The enhanced freedom of movement of the fingers makes it easier to play fast and technical phrases. Also, the pressure of the flute against the lips is reduced.

ASSEMBLY

- Use rubbing (denatured) alcohol or methylated spirit to clean the flute AND all silicone parts where the right thumb holds it.
- Position the silicone pad at the bottom of the mounting plate (2). It will prevent the thumb rest from sliding or damaging the flute tube.
- Attach the rubber strips (1) to the hooks on the front side of the mounting plate.
- Position the mounting plate on the flute where your right thumb holds the instrument. The adjustment screw (4) should point toward you.
- Attach the mounting plate to the flute by feeding the rubber strips under the keywork and attaching them to the hooks on the back side of the plate.
- Slide the thumb plateau (3) on the mounting plate; it will 'click' in place automatically.
- The angle of the thumb plateau can be adjusted. First, remove the thumb plateau. Loosen the adjustment screw (4) a bit, adjust it to the desired angle, tighten the screw, and slide the thumb plateau back in place.

IMPORTANT

To fully enjoy the PRIMA Thumb Rest please read this manual carefully.

ADDITIONAL INFORMATION

For additional information please visit our website at www.tonkooiman.com

